



## DO BETTER BEST MARKET

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**HALE & HEARTY  
MEMBERS GET A  
SECOND CONTRACT**  
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**FUNDRAISING  
EVENTS**  
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**BLOOD DRIVE  
& BBQ**  
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THE PRESIDENT'S PERSPECTIVE  
**Tony Speelman, President @aspeel1500**



**Joe Waddy**  
*Assistant to the President*

## ORGANIZING STARTS AT HOME

Have you ever heard the terms “charity starts at home” or “education begins at home”? The meanings of these phrases can be interpreted in different ways. For example, to me ‘charity’ means taking care of your family first—making sure they have everything they need before going out into the world & helping others. Shouldn’t you make sure your home is secure first, then support and pay attention to the needs of your neighbors?

The same can be said for your workplace. In many ways, your job is considered your second home. Some of you are there five, six, and sometimes even seven days a week. You’re there on holidays, in bad weather, early in the morning, late at night, all year round and working with the same people. Some people spend more time at work than they do at home, especially when you factor out travel time to and from work and time at home asleep. So, knowing that your job is your home away from home, are you taking care of your work family?

When I say Organizing starts at home, I mean making sure your coworkers have everything that they need. There are many facets to your job, and one of the strongest supports you have is your Union contract. When you look through your contract, virtually every Article has a benefit to you and/or your coworkers. Many senior members know what they are contractually entitled to, but what about the newer members? While they are being trained to do the job, are they also being made aware of what it means to be a part of this Union? Well guess what, that job is yours!

Is your family being scheduled properly? In most of our contracts there are members, known as “Career Part-Timers”, that have been employed by the company for many years. These folks are entitled to a minimum schedule of 20 hours per week, provided they are available. Do you know who they are in your store? Have you told them to make sure they let their manager know that they can in fact work more hours? Speak to them, don’t wait for someone else to do it.

The beauty of a Union contract is you can open the book and see when your last raise was, then see when your next raise will be. You can see if and when you are entitled to premium pay for Sunday and holiday’s, or a differential for working an overnight shift. What about your neighbor down the aisle though? Who is checking for them? Do they even have a copy of the contract? Let’s start there first. Give them a copy of the book or lend them yours so they can see for themselves what they can look forward to. Trust me, they will be appreciative of you pointing out a benefit to them—wouldn’t you be?

How about the Active Ballot Club checkoff? You may be signed up, but are the rest of your work family? Everyone wants laws passed

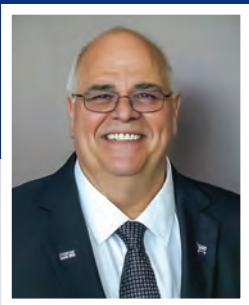
that would benefit them individually, but does everyone know where it starts or how they can contribute to the process? Why not help your Steward and Delegate sign up the rest of your store for the A.B.C. contribution? The benefit of pro-worker laws passed, that help working families live better, far outweigh the twenty-five cents per week contribution to help the process.

As you know, we have 10 Union Reps and hundreds of Shop Stewards that we task with getting to know the newer membership—but even the best Rep or Steward cannot get to everyone as frequently as necessary or cover as much ground as each of you can. I picture a worksite where the more seasoned members intercede and take the newer ones under their wing, educate them to what the Union has done and can do for them. Those newer members inevitably become more knowledgeable and experienced, and in turn teach the ones that come after them.

I picture a store, factory or healthcare facility, where all Local 1500 members are empowered and know when the next General Membership or proposal meetings are and where the next rally, parade, or political outreach may be. I picture busloads of members heading out to a contract update meeting. There they would find out how their company feels about them deserving the benefits and entitlements they’ve earned over the years. I picture those same members coming in droves to blood drives & fundraisers to help the sick and less fortunate. I picture these members coming out in the evenings and on weekends to help our staff talk to employees that are trying to form a Union at their worksite, showing them the value and benefit of belonging to a Union firsthand. I picture members getting closer with one another and building strong groups amongst themselves. I see them eventually sitting on negotiating committees and even getting elected to serve on our Executive Board. Where do you think WE all came from? At some point we all decided that our Union role was bigger than just ourselves.

I also picture one member, one day at a time, standing up for a coworker who doesn’t know better or may be too intimidated to stand up for themselves. We always ask you to become involved in your Union, to make it stronger. Your Union is YOU...and the person working next to you, in your department, on your shift, and honestly everyone currently working at your home away from home. Look around you and start by speaking to the person working beside you. Ask them what they need and see if you can help them. If you can’t help, then get them in touch with their Union Rep. Once it’s resolved then work with them to find and help someone else. We can move mountains if we act as a group. We must start somewhere, and it should start at home.





LA PERSPECTIVA DEL PRESIDENTE

**Tony Speelman, Presidente @aspeel1500**



**Joe Waddy**

**Asistente del Presidente**

## LA ORGANIZACIÓN COMIENZA EN CASA

¿Alguna vez has oído los términos "caridad comienza en casa" o "la educación comienza en casa"? El significado de estas frases se puede interpretar de diferentes maneras. Por ejemplo, para mí "caridad" significa cuidar de su familia primero— asegurarse de que tienen todo lo que necesitan antes de ir al mundo y ayudar a otros. ¿No debería estar seguro de que su casa es segura primero, luego apoyar y prestar atención a las necesidades de sus vecinos?

Lo mismo puede decirse de su lugar de trabajo. En muchos sentidos, su trabajo se considera su segundo hogar. Algunos de ustedes están allí cinco, seis, y a veces incluso siete días a la semana. Estás allí en días feriados, con mal tiempo, temprano en la mañana, tarde en la noche, todo el año y trabajando con la misma gente. Algunas personas pasan más tiempo en el trabajo que en casa, especialmente cuando se factoriza el tiempo de viaje hacia y desde el trabajo y el tiempo en casa dormido. Entonces, sabiendo que tu trabajo es tu hogar lejos de casa, ¿estás cuidando de tu familia de trabajo?

Cuando digo que organizar comienza en casa, me refiero a asegurarme de que tus compañeros de trabajo tengan todo lo que necesitan. Hay muchas facetas en su trabajo, y uno de los apoyos más fuertes que tiene es su contrato de la Unión. Cuando usted mira a través de su contrato, prácticamente cada Artículo tiene un beneficio para usted y/o sus compañeros de trabajo. Muchos miembros mayores saben a qué tienen derecho contractualmente, pero ¿qué pasa con los miembros nuevos? Mientras están siendo entrenados para hacer el trabajo, ¿además desear conscientes de lo que significa ser parte de esta Unión? ¡Adivina qué, ese trabajo es tuyo!

¿Se está programando adecuadamente a su familia? En la mayoría de nuestros contratos hay miembros, conocidos como "Temporizadores de Carrera", que han sido empleados por la compañía durante muchos años. Estas personas tienen derecho a un horario mínimo de 20 horas por semana, siempre que estén disponibles. ¿Sabes quiénes son en tu tienda? ¿Les ha dicho que se aseguren de que le digan a su gerente que de hecho pueden trabajar más horas? Hable con ellos, no espere a que alguien más lo haga.

La belleza de un contrato de la Unión es que puedes abrir el libro y ver cuándo fue tu último aumento, y luego ver cuándo será tu próximo aumento. Puedes ver si y cuando tiene derecho a la prima de pago por domingos y festivos, o un diferencial por trabajar un turno de noche. ¿Qué hay de tu vecino en el pasillo? ¿Quién los está buscando? ¿Tienen una copia del contrato? Empecemos por ahí primero. Dale una copia del libro o préstalos la tuya para que puedan ver por sí mismos lo que pueden esperar. Créeme, estarán agradecidos de que señales un beneficio para ellos, ¿no es así?

¿Qué tal el check-off del Club de Votación Activa? Puede que te inscribas, pero ¿el resto de tu familia de trabajo? Todo el mundo quiere que se aprueben leyes que les beneficien individualmente, pero

¿todos saben dónde comienza o cómo pueden contribuir al proceso? ¿Por qué no ayudar a su mayordomo y delegado a inscribirse en el resto de su tienda para la contribución de A.B.C.? El beneficio de las leyes pro-trabajadores aprobadas, que ayudan a las familias trabajadoras a vivir mejor, superan con creces la contribución de veinticinco centavos por semana para ayudar al proceso.

Como saben, tenemos 10 representantes de la Unión y cientos de administradores de tiendas que les encargamos de conocer a los miembros más nuevos, pero incluso el mejor representante o administrador no puede llegar a todos con tanta frecuencia como sea necesario o cubrir tanto terreno como cada uno de ustedes pueden. Me imagino un lugar de trabajo donde los miembros más experimentados interceden y tomar los más nuevos bajo su ala, educarlos a lo que la Unión ha hecho y pueda hacer por ellos. Los miembros más nuevos inevitablemente se vuelven más conocedores y experimentados, y a su vez enseñan a los que vienen después de ellos.

Me imagino una tienda, fábrica o centro de salud, donde todos los miembros locales 1500 están empoderados y sépan cuándo está la próxima Membresía General o reunión de propuestas y dónde está la próxima manifestación, desfile o alcance puede ser. Me imagino un autobús cargado de miembros que se dirigen a una reunión de actualización de contrato. Allí se enterarían de cómo se siente su empresa acerca de ellos siendo dignos de los beneficios y derechos que han ganado a lo largo de los años. Me imagino a esos mismos miembros que vienen en masa a las unidades de sangre & recaudadores de fondos para ayudarlos enfermos y menos afortunados. Me imagino a estos miembros que salen por las tardes y los fines de semana para ayudar a nuestro personal a hablar con los empleados que están tratando de formar un sindicato en su lugar de trabajo, mostrándoles el valor y el beneficio de pertenecer a una Unión de primera mano. Me imagino a los miembros cada vez más cerca unos con otros y la construcción de grupos fuertes entre ellos. Los veo eventualmente sentados en comités de negociación e incluso siendo elegidos para servir en nuestra Junta Ejecutiva. ¿De dónde crees que venimos todos? En algún momento todos decidimos que nuestro papel de la Unión es más grande que sólo nosotros mismos.

También imagino a un miembro, un día a la vez, defendiendo a un compañero de trabajo que no sabe mejor o puede estar demasiado intimidado para defenderse. Siempre le pedimos que participe en su Unión, para hacerlo más fuerte. Tu Unión eres TU... y la persona que trabaja a su lado, en su departamento, en su turno, y honestamente todos los que trabajan actualmente en su hogar lejos de casa. Mire a su alrededor y comience hablando con la persona que trabaja a su lado. Pregúnteles qué necesitan y vea si puede ayudarlos. Si no puedes ayudar, entonces ponte en contacto con su Representante de la Unión. Una vez que se resuelva, trabaje con ellos para encontrar y ayudar a otra persona. Podemos mover montañas si actuamos como un grupo. Debemos empezar en alguna parte, y es muy bueno empezar en casa.



**JUST FOR THE RECORD**  
**Rob Newell, Secretary-Treasurer @ufcw1500**



**Aly Waddy**  
*Assistant to the Secretary-Treasurer*

## BETTER SERVICE IS ALWAYS THE PRIORITY

In my article last September, I mentioned that we had transitioned to a new membership data system in the office. That new system is called "LUMM" and thankfully it was provided to us by the UFCW International Union. That benefits us in dozens of ways from a communication perspective but perhaps the largest benefit was that there was no additional cost to the Union. The cost of the system, the installation and the training staff that taught our crew how to use it were covered by the part of your membership fees that we send to the International Union each month. For a percentage of your membership fees the UFCW International Union provides all its Local Union's with an unbelievable amount of support and assistance. That support is always based around helping a Local Union provide the best communication and service it can to its current and prospective members. In this case transitioning over to the LUMM system saved our Local more time and money than you can imagine. Additionally, it is lightyears more user friendly and much more stable for our staff to use than the prior system. It has also cut our administrative time at the office by approximately 10%-15%.

Our move over to the LUMM system also gave us access to a new mobile software program called "Sidekick". Sidekick gives our Reps live mobile access to the LUMM program back in the office and has an editable digital version of our Union application built into it. This means that your Rep can sign you up on the spot and they have the most up to date information about you, as opposed to something that was printed at the beginning of the month. Thousands of our members have already come face to face with Sidekick at their stores in 2019. How do I know that? Because earlier this year we changed our Union application and we decided to re-sign the entire membership with it. That process is going very well so far and in August alone our Reps re-signed almost 3,000 members and well over 1,000 of them were done digitally! Having Sidekick gave us the ability to accomplish this without losing the face to face time on the shop floors. It provided our Reps the opportunity to meet with thousands of their members, speak with them about their Union and

talk to them as they reviewed it, filled it out and signed it, all on the Rep's tablet. As of August 31st, we are over 60% re-signed and well on our way to 100%.

As I mentioned above, Sidekick gives our Rep's access to up to date membership information right in the palm of their hands. This gives them the ability (if necessary) to update your address, email address, cell phone number, as well as see a great deal of your work history. We recently asked the LUMM/Sidekick support staff to get our Welfare Fund beneficiary cards made digitally available to us in Sidekick and they turned that around for us very quickly. Now we can help you update your beneficiary and verify your dependents and their information right there on the spot. We can also help you make sure that all your documentation is up to date and you aren't missing any forms, like your welfare opt in/out form or your marriage certificate. But I'm excited to tell you that we have barely scratched the surface of the servicing benefits Sidekick will provide. Soon enough even more information will be available for you on your Rep's mobile device. Hopefully many more processes, currently done with pen and paper, will be shifted to digital and made available to you right there in an instant!

In the future Sidekick will also give our Reps the ability to communicate with a group of members, a specific store, or even a whole Company via text with important messages at the same time. However, this is not the same as traditional group texting where your phone "blows up" because you receive messages from everyone in the group. These messages will be sent to a large group at one time but come through as a single message to you and you will not get the messages from any other people in the group. This will make the whole process much more convenient and much less annoying. Obviously, you would need to have provided an up to date cell phone number on your Union application for us to include you in this. Think about the benefit of receiving real time updates on contract negotiations, upcoming meetings and events, benefit changes/upgrades or even something as simple as knowing which

day your Rep will be coming to your shop. Between Google searches and Social Media information moves as fast as a person can type and we want to make your membership with us just as convenient and easy!

Currently we are also working on loading digital versions of your contracts, benefit books and some additional forms you may need onto the Reps tablets as well. This will give them the ability to email/text you most of what you may need in the blink of an eye. We need to upgrade the devices that our Reps use in the field to make this and a few other updates happen, but I assure you the goal is to have it all done before the holidays. Our ability to provide you the greatest value possible for your membership is very important to us.

Over the last three years we have changed a lot here at Local 1500. We have cut expenses, reduced contributions, renegotiated vendor contracts and realigned our field staff and our assets, all to maximize the service that we provide. We also not only won our first food organizing campaign in many years at the Hale & Hearty commissary, but we also just successfully negotiated our second contract there! Once again, we were successful at bettering the working conditions, paid time off and benefits for those members! We all truly believe in the expression "My Union Has Value" and do everything we can to represent it!

In closing I just wanted to remind you that we are still looking to take a few Local 1500 members out of their stores on a leave of absence for 3-6 months to help us on specific organizing campaigns. Although we now have 5 full-time organizers on staff, we are always looking for members to help us out. History has shown that there is nobody better to talk about the benefits of belonging to our Union than our members! So if you are interested in joining us in this effort please email us @ [jobs@ufcw1500.org](mailto:jobs@ufcw1500.org) and put "Membership Organizing Assistance" in the subject line. Happy Fall everyone and I hope to see you all soon!

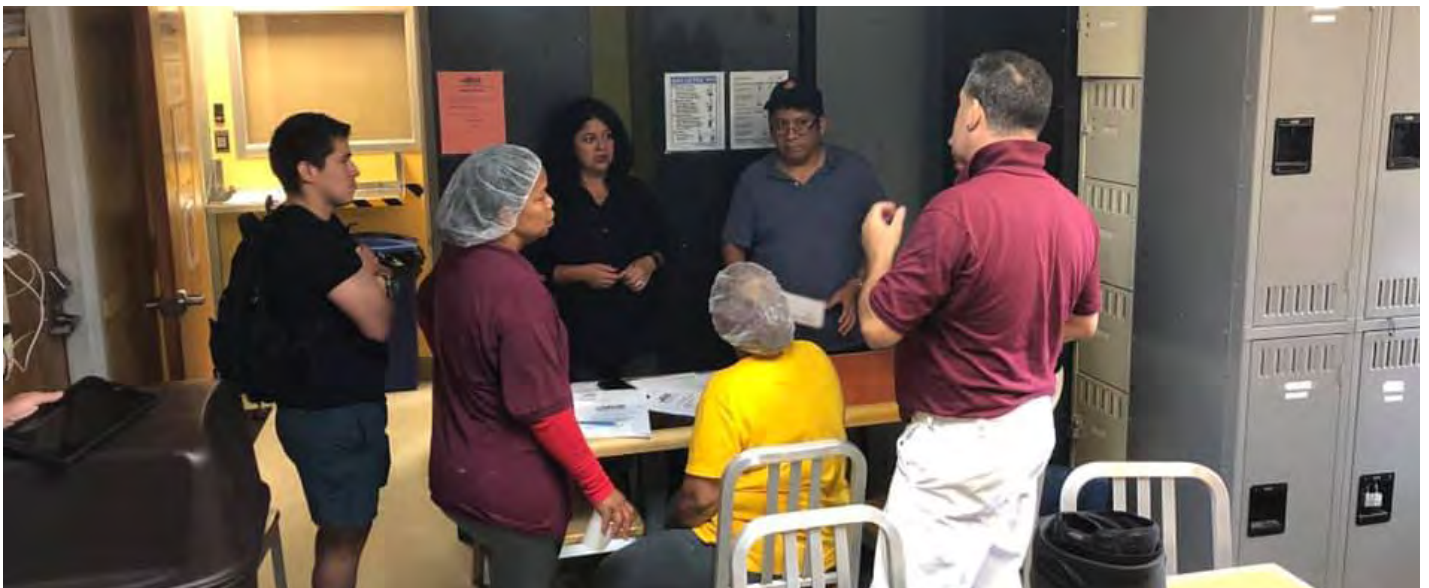
**#MyUnionHasValue**



# HALE & HEARTY

Back in 2016, Hale & Hearty commissary employees made their voices heard when they voted to have Local 1500 represent them for the first time ever. A few months later we were able to negotiate our inaugural Collective Bargaining Agreement with this company, and our newest members voted their first contract into effect. In August of this year, it was time for Hale & Hearty members to once again vote—this time for their second contract. Local 1500 was able to negotiate increases in their holidays, their sick, personal, and vacation time, as well as substantial increases in their wages. This time, they spoke even louder and unanimously voted to ratify their new contract improvements! Congratulations to the members of Local 1500 employed by Hale & Hearty!!

## Hale & Hearty members get a second contract!





# UFCW LOCAL 1500 PUTS THE

## CYCLONES GAME





# FUN IN FUNDRAISING



## YANKEES GAME



## FISH FOR A CURE



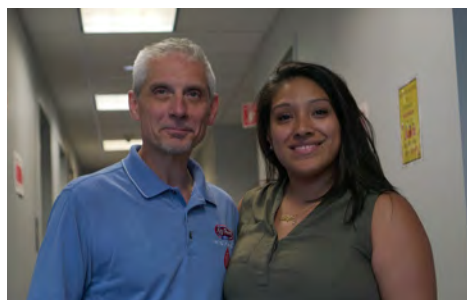
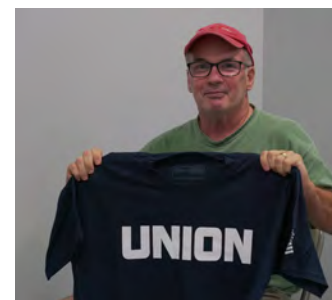




## UFCW LOCAL 1500 ANNUAL SUMMER BLOOD DRIVE & BBQ





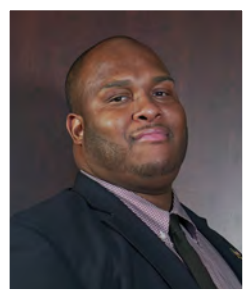




# Do Better Best Market







**BUSINESS AGENT**  
**Rafael Mauleon**

## The Importance of the Shop Steward



Have you ever vented to a fellow member about a management issue or have had questions about your benefits? Some inquiries and grievances can quickly be resolved by speaking with your in-store shop steward.

We value all of our members at Local 1500, but shop stewards are not your ordinary member. They may even be considered as a super hero in disguise. They might seem like your ordinary grocery, produce, or bakery employee (just to name a few departments), but they are the first line of defense for your rights. Stewards work alongside you day in and day out and no, they don't actually wear a disguise, or tear off their smock and have a cool outfit underneath, however when there is a problem or a concern, shop stewards do jump into action. What's their special power? They just care!



Your shop stewards are the eyes and ears for your union representative. Have you ever witnessed your manager packing out in the aisle--instead of calling in a member, or allowing a member already on the clock to stay the extra hour or so to get the job done? Shop stewards have the responsibility to inform your union representative about problems like these and respectfully call out bad management on their actions. Aside from that, they are also able to answer most contract questions or guide you to the right answer. Stewards give advice and can even tell a member if or when they are wrong (yes that happens occasionally). Not every situation requires you to call your union representative.



A more seasoned shop steward often attends mediation meetings between a fellow member and management. There are times when a manager just needs to have a talk with an employee regarding a minor work issue that will not lead to any disciplinary action, and stewards frequently are present for those conversations. They are there to be an advocate for the member and a witness if they aren't being treated fairly. This extra assistance allows your union representative assist members who may be suspended, service another store, or expand our union. In some of our larger sites there can be multiple issues going on at the same time. Stewards compile a list of situations that need to be addressed and call the representative, covering all of the issues in one conversation. This is a much more efficient process for the representative, as he or she just needs to have one conversation with the store manager.



Shop stewards are encouraged to attend and promote union events and fundraisers. Every year there are events where we show our appreciation to all of our shop stewards and recognition to the most exceptional ones. The Shop Steward Seminar is a huge event each year, where hundreds of stewards from every company we represent come together under one roof. They get to meet other stewards and learn what has been happening with our union. They also get to hear from other unions and even meet and get their picture taken with elected officials!



So, what does it take to become a shop steward? Be an active member. Attend our General Membership meetings and fundraising events. Stay in close communication with your representative. Speak up when management is treating another member unfairly. Recommendations from other members and union representatives help to determine the final decision of who will become a steward; however, the most important factor is you!



Identify and get to know your shop stewards. Do not hesitate to talk to them, ask questions, or just to say "hello."

To all of our shop stewards--thank you. All of your outstanding work makes our union stronger, bigger, and more united.





# STAFF CHANGES



**Debbie Gernand** began working for Pick Quick KeyFood in 1979. Over her forty-year career there, Debbie became an extremely active member of our Union. Debbie was appointed shop steward of the Floral Park store in 2006, and became so invested in the well-being of her coworkers, that in 2013 she was selected and unanimously elected to serve on Local 1500's Executive Board.



As one of only ten rank and file Vice Presidents, Debbie approved and oversaw both the financial and operational decisions of the Union's Executive staff on a monthly basis. She was also a

member of the Pick Quick negotiating committee and during the most recent set of contract negotiations. Debbie was instrumental in bringing her fellow sisters and brothers together and she helped deliver a positive resolution to the most difficult contract dispute over her 4 decades on the job. For many years now Debbie has chaperoned a large group of Pick Quick members to our quarterly membership meetings, as well as many other Union events.

Her daily presence will definitely be missed, both at her store and at Frank Meehan Hall. However, knowing the type of person she is, Debbie will still be out there, even during retirement, fighting tirelessly to improve the livelihoods of the great members of Local 1500. Enjoy your retirement Debbie, you have definitely earned it!







**DIRECTOR OF REGION 1**  
**Dave Young**



## Help Us Address Workplace Safety and Health Issues

Members of Local 1500 work hard to ensure that their retail grocery stores have well stocked shelves, dry floors, and that the parking areas are unobstructed by carts and other hazards so that customers don't get hurt while shopping. However, those tasks can take a toll. Moving products from delivery trucks to storage areas then to shelves, along with scanning and bagging items, is hazardous work and musculoskeletal disorders from repetitive motions, contact with objects and equipment, and slips and falls are common causes of injuries in the retail industry.

Our union has worked hard to ensure that workplace protections are in our contracts, including language which gives the UFCW

the right to perform worksite inspections; investigate incidents and accidents; receive training on safety and health hazards; and participate in health and safety committees. In addition to strong union contracts, the UFCW has fought to secure transparency in injury and illness reporting by employers and partnered with other unions to strengthen whistleblower and OSHA protections for workers who speak out about dangers on the job.

Members of Local 1500 know that their union contracts enable them to speak out about job hazards and injuries without fear of retaliation or being fired. With that in mind, I want to reinforce that there is something each of us can do to make

sure no one gets hurt on the job. If you see exposed wires, poorly lit parking lots, blocked fire exits or any other safety and health issues that need to be addressed at your stores, please tell your stewards and representatives. And if you are unsure of the workplace protections in your contracts, ask your stewards and representatives.

The UFCW has a proud history of keeping members of our union family safe and healthy at work and with your help, we can continue that legacy.

Thank you for everything you do to make Local 1500 a better and stronger union.



**LEUKEMIA & LYMPHOMA SOCIETY®**  
fighting blood cancers

**LIGHT THE NIGHT WALK**



JOIN OUR TEAM & **WALK WITH OUR UNION IN HONOR OF FORMER PRESIDENT FRANK MEEHAN**

TAKING STEPS TO MAKE **SOMEDAY TODAY**

**SATURDAY, OCT. 19, 2019**  
**5:30 PM MEET AT EISENHOWER PARK**  
**7 PM WALK START AT EISENHOWER PARK**



**SIGN UP AT [UFCW1500.ORG/LTN](http://UFCW1500.ORG/LTN)**  
**CALL: 800-522-0456 EXT 1305**



**MAKING STRIDES AGAINST BREAST CANCER**





**JONES BEACH FIELD 5**

**SUN. OCT. 20, 2019**  
**WALK: 7AM - 12PM**  
**RSVP: [UFCW1500.ORG/BC18](http://UFCW1500.ORG/BC18)**  
**516-214-1305**





## In Memoriam

Local 1500 mourns the passing of the following members. To their families and friends, we extend our deepest sympathy. May they rest in peace.

Ali, Mohamed F.  
Amatulli, Lenore  
Baptiste, Rovy J.  
Bauer, Patricia  
Benvenuto, Phyllis R.  
Bilancia, Anthony P.  
Birkof, Elizabeth  
Brennan, Sean F.  
Cheadle, Robert  
Connors, Marilyn  
Crespo Sr., William  
Cruz-Azcona, Hector A.  
Devito, John J.  
Fasulo, Dolores  
Fazzio, Barbara  
Flandera, Emil  
Floyd, Barbara E.  
Frigerio, Johanna J.  
Gray, George L.  
Gennari, Hector E.  
Gregg, Joan  
Head, Janice A.  
Hemingway, Clarence  
Henesy, John K.  
Hernandes, Lucia

Jorquera, Juan S.  
Lee, John T.  
Locricchio, Rosalie  
Lundberg, Cathy A.  
Macas, Antonio  
Mastrino, Dolores M.  
Melchiorre, Karla M.  
Meyer, William B.  
Miller, Lois A.  
Montero, William  
Montopoli, Joseph  
O'Reilly, John P.  
Perdomo, Tony R.  
Raia, Simone  
Raimondi, Mary  
Regan, Thomas  
Reichling, John A.  
Romano, Peggy L.  
Rosko, Rita  
Saratán, Remo M.  
Seignoret, Robert B.  
Smith, Gordon A.  
Spindler, Lorraine  
Strosser, Pamela  
Watson, Latanya D.

## UFCW LOCAL 1500 2020 SCHOLARSHIP

**EACH YEAR WE AWARD THOUSANDS OF DOLLARS IN SCHOLARSHIPS TO OUR MEMBERS AND THEIR DEPENDENTS. NOW IS THE TIME TO APPLY FOR 2020!**

### WHO IS ELIGIBLE:

**ALL LOCAL 1500 MEMBERS AND THEIR DEPENDENTS  
(PLEASE READ MORE FOR MORE DETAILS)  
ATTENDING AN ACCREDITED COLLEGE/UNIVERSITY IN 2020**

**DEADLINE: DECEMBER 31, 2019**

**TO APPLY: VISIT [UFCW1500.ORG/APPLYONLINE](http://UFCW1500.ORG/APPLYONLINE)**



## VALUE OF MY UNION

# 452

Members assisted by  
**legal services**  
YTD 2019

## MOVING? KEEP THE FUND OFFICE INFORMED OF YOUR NEW ADDRESS

It is very important that you tell the Fund Office when your address and/or telephone information changes. Often, the Fund Office sends out important information about your benefits, coverage change notices, Plan booklets, and even the Register. If we don't have the correct information, we may not reach you and that may affect your benefits.

If you are planning to move (even temporarily), or have recently moved, let the Fund Office know your new address and telephone number by calling (800) 522-0456. Remember, telling the Union or your employer is not the same as telling the Fund Office. Tell us where you live so we can send you important information regarding your benefits, claims, changes, etc.

## VALUE OF MY UNION

**Legal Reimbursements  
to members  
YTD 2019:**

# \$94,744.50

The Register is the official publication of UFCW Local 1500 and is published four times a year in March, June, September, and December by Local 1500 of the United Food and Commercial Workers Union, AFL-CIO-CLC, Anthony G. Speelman, President, Robert W. Newell, Jr., Secretary-Treasurer, Paper & Ink Graphics, LLC, Managing Editor. Periodicals postage paid at White Plains, NY and additional mailing offices: (USPS 0306-010). POSTMASTER: Send address changes to Local 1500, 425 Merrick Ave, Westbury, NY 11590. Vol. 53, No. 3, FALL 2019 Copyright Local 1500, White Plains, NY 2019.



## UFCW LOCAL 1500 PENSION PLAN IMPORTANT NOTICE

This notice is being provided to all Vested Participants who will be eligible to receive a Pension Benefit from the UFCW Local 1500 Pension Plan ("Plan").

Please be advised that each year you have the right to request a free estimate of your total accrued pension benefit, the vested portion (nonforfeitable) of the benefit and, if not yet vested, the earliest date you will become vested under the Fund. Please understand that the information to be provided is just an estimate of your pension benefit based on the information on hand. This amount may change depending on the duration of your covered employment, your marital status at the time you apply/receive your pension and the category of pension you will apply for and receive (i.e., Single Life, Joint and Survivor, Early, Normal, etc.).

If you wish to receive a statement of your estimated pension benefit or if you have any question as to whether you are vested to receive a pension benefit, please contact the UFCW Local 1500 Pension Plan office at 425 Merrick Avenue, Westbury, NY 11590. You may also call the UFCW Local 1500 Pension Plan at (516) 214-1330. The personnel at the Pension Fund office are more than happy to answer your questions and provide you with the information you are seeking.

## LOCAL 1500 UNION NOTICE

**ADD UNION VALUE  
TO YOUR "OTHER JOB"**

**UFCW LOCAL 1500 DOES NOT  
ONLY REPRESENT WORKERS  
IN THE GROCERY INDUSTRY.  
IF YOU'RE A LOCAL 1500  
MEMBER AND YOU ARE  
INTERESTED IN ADDING  
UNION VALUE TO YOUR  
OTHER JOB, CALL US AT  
1-516-214-1305**

## LOCAL 1500 RETIREES

The officers of UFCW Local 1500 extend their warmest congratulations to these new Retirees and urge them to join the Union's Retiree Club. Contact the Club through the Union office. Call 516-214-1300 or 1-800-522-0456, and ask for Yahaira Abreu, Ext. 1330 or Jamie Mercado, ext. 1333.

Aguado, Ira I.  
Ali, Syeda Y.  
Anderson, John R.  
Bergamine, Micheal T.  
Berrezueta, Eliecer R.  
Blas, Manuel  
Borowski, Janet L.  
Brady, James  
Brown, Joyce  
Bruton, Peter M.  
Buccianti, Carla  
Calamia, Matthew J.  
Cangelosi, Richard  
Capeci, Grace  
Carmalitano, Deborah A.  
Casstagna, Mary T.  
Cattedra, Lorenzo  
Chainmungkla, Supot  
Chauvette, Nazaire  
Chin, Emily M.  
Christensen, Richard A.  
Ciurleo, Walter  
Cohen, Richard E.  
Cook, Kenneth  
Cooper, Eretha E.  
Davi, Brigitte  
Davi, Salvatore  
Decolibus, Michael J.  
Deegan, Patrick  
Dobrovich, Anthony M.  
Eble, Kim  
Ecker, Deborah A.  
Eckhardt, Linda  
Edwards, Vicki M.  
Ehrgott, Lynn E.  
Ellias, Betty A.  
Fitzgerald, Sheila A.  
Fries, Ellen J.  
Fung Liang, Yuen Chin  
Garcia-Pena, Fredy  
Gerena, Lillian  
Ginsberg, Linda A.  
Grant, Yvette  
Hammond, Marlene  
Haven, Scott F.  
Hennessey, Keith A.  
Holt, Gwendolyn D.  
Jacobs, Robert G.  
Kilgore-Dejesus, Myrna  
Klein, Ann I.  
Krimitsos, Stamata

Leone, Jeffrey N.  
Levy, Alice B.  
Lockett, Ronnie  
Lovaglio, Jeanne A.  
Lucid, John R.  
Lyons, Lawrence W.  
Mancino, Joseph S.  
Manning Dorton, Ellen M.  
Martin, Dennis W.  
Masterson, Gerald F.  
Mercado, Ivan  
Minaya, Orlando A.  
Ming, Valarie  
Minnick, Michael  
Montalto, John A.  
Muller, Dolores E.  
Neumann, Sandra M.  
Olivar, Karen M  
Oshea, Patricia  
Parker, Robert  
Parker, Yolanda  
Patalano, Joyce A.  
Pattinian, Ronald R.  
Perry, Charles K.  
Pinna, James D.  
Pond, Francine Y.  
Purcell, Arlene  
Ramirez, Sonia M.  
Ricca, Kathleen  
Ridenour, Lorraine E.  
Robinson, Evan  
Robinson, Johnnie  
Rodriguez, Francisco  
Rogan, Alex G.  
Rossi, John C.  
Saavedra Ortega, Rita I.  
Schouten, Deena M.  
Seybert, Eileen M.  
Smith, Peggy A.  
Sorrentino, Marguerite  
Spires Jr., George J.  
Staehr, Paul F.  
Tardugno, Liboria  
Thomas, Donna M.  
Tobin, Karen L.  
Toomey, Debra L.  
Vilarelle, Wanda  
Wargocki, Roseann L.  
Watterson, Patricia E.  
Wohlfahrt, Susan A.

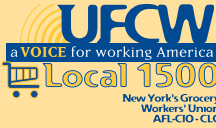


## GENERAL MEMBERSHIP MEETINGS

Wednesday, December 11, 2019

Wednesday, March 11, 2020

Wednesday, June 10, 2020



**ALL MEETINGS START AT 7:00 P.M.**

UFCW LOCAL 1500, FRANK MEEHAN HALL  
425 MERRICK AVENUE, WESTBURY, NY 11590

**Prizes Will Be Awarded!**



**Donation: \$20.00**  
**Comedy Fundraiser Night**

**SUNDAY, NOVEMBER 3, 2019**

**COMEDY FOR MUSCULAR DYSTROPHY**  
**UFCW LOCAL 1500**

**Showtime: 7:30PM**

Doors Open at 6:00pm ... Please Arrive By 7:00pm

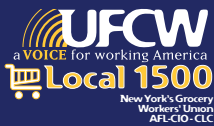
**WWW.GOVVS.COM (631) 467-5413**

**FOOD IS AVAILABLE AT ALL SHOWS**

18 and over 2 item minimum per person at table.

**McGuire's - 1627 Smithtown Ave. Bohemia NY 11716**

**FOR MORE INFORMATION CONTACT LYNN SHIELS**  
**516-214-1339**



## FRANK MEEHAN HALL OFFICE HOURS & PHONE

**516-214-1300 • 800-522-0456**

General Office Hours, Pension & Welfare & Legal Services, Mon. thru Fri. 8:00 a.m. - 5:00 p.m.

**UFCW1500.ORG**

**INFO@UFCW1500.ORG**

### WHOM TO CALL:

Do you have a question about Blue Cross?

Or a problem with Group Life?

Or about any other benefit or membership service?

For a quick and accurate answer, phone the Union –  
516-214-1300 or the toll-free number, 800-522-0456 –  
and ask for the office staff member listed next to the  
subject of your inquiry. They will be glad to help you.

**Local 1500 has voice mail**  
**to better serve the membership.**  
**Members can call Local 1500**  
**regarding any matter 24 hours a day.**

To access the voice mail, a member can call Local 1500  
at 516-214-1300 or 800-522-0456, followed by the 4  
digit extension number of the person with whom you  
wish to leave a message. You may also email the union  
at [info@ufcw1500.org](mailto:info@ufcw1500.org) for any questions or concerns you  
may have.

### DUES REFUND

Michele Wright, Ext. 1351

### WITHDRAWAL CARDS

Rosanne Wynne-Torres, Ext. 1332

### PENSION

Yahaira Abreu, Ext. 1330

Jamie Mercado, Ext. 1333

### MEDICAL-DISABILITY-VISION

Laura Behr, Ext. 1335

Michelle Sefcik, Ext. 1337

### MEMBERSHIP APPLICATION

Arnetta Ellison-Bates, Ext. 1329

### SCHOLARSHIP

Wendy Flores, Ext. 1310

### WELFARE FUND BENEFITS

Associated Administrators, LLC 855-266-1500

### HEALTH & WELFARE MEDICAL FORMS

516-214-1300 or 800-522-0456

Exts. 1334, 1335 & 1337

### LEGAL SERVICES

Direct Line: 516-214-1310 or

800-522-0456 Ext. 1310 for Wendy Flores

*You cannot leave a message for a Union Representative  
by dialing the direct number for Medical or Legal Services.*

### EXECUTIVES

1305 Speelman, Tony – President

1306 Newell, Rob – Secretary-Treasurer

1303 Nelson, Rhonda – Recorder & Executive Vice President

1304 Waddy, Joe – Vice President & Assistant to the President

1306 Waddy, Aly – Vice President & Assistant to the  
Secretary-Treasurer

1318 Quiñones, Theresa – Vice President & Senior Director

1369 Santarpia, Paul – Vice President & Field Director

### UNION REPRESENTATIVES

1353 Ecker, Robert\*

1371 Flores, Vilmarie

1317 Guardado, Jeff

1346 Guardado, Juan

1358 Mauleon, Rafael

1356 Pasquale, Greg

1340 Scorzelli, Jay

1339 Shiels, Lynn

1349 Walter, Fred Jr.

1357 Woods, John

\*Administrative Field Coordinator

### MEMBERSHIP SERVICING & ORGANIZING

1315 Farrands, Bruce

1361 Hernandez, Rafael

1350 Kapogiannopoulos, George

1345 Organizing Hotline

### MEDIA & COMMUNICATIONS

1374 Allen, Nicholas – Media & Communications Coordinator

1372 Thomas, Tarrik



Members of UFCW Local 1500 Stand in Unity  
at the Labor Day Parade in NYC. #LDP2019

**SCAN QR CODE  
TO WATCH  
PENSION VIDEO**



Any suggestions or comments for the Register?

Send us your feedback to

[Nallen@ufcw1500.org](mailto:Nallen@ufcw1500.org)



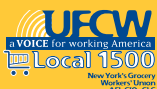
@UFCW1500



@UFCW1500



@UFCW1500



# MY UNION HAS VALUE

