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THE PRESIDENT'S PERSPECTIVE

By Bruce W. Both



FRANK MEEHAN: SIMPLY ONE OF A KIND

Frank Meehan, a veteran New York labor leader, who was at the forefront of battles to improve the working conditions of thousands of union members, passed away on March

31, 2015.

Frank was more than a labor leader. He was a generous and caring man who cared about the people he represented and their families. He always wanted to help them achieve a better life for themselves and their families. Frank worked diligently to improve the working conditions and living standards of the union's members and their families.

Frank began his career in the Retail Food Industry at an early age as a part-time worker for the King Kullen Grocery Company and through the years rose to become a store manager.

As an active union member, Frank worked unselfishly for many years to promote the welfare of the members of UFCW Local 1500. This service led to his appointment in 1958 to the position of Organizer.

Turning his considerable talent to the task of organizing, he worked long and hard signing and scouting new stores to come under the Local 1500's jurisdiction.

Frank was then appointed to the position of Union Representative and serviced the members of Local 1500. In January 1979, he was unanimously elected to the position of Secretary-Treasurer, and in 1984 he was elected President of Local 1500. He also served as Plan Manager of the Welfare and Pension Funds; President of the Executive Board; President of the Credit Union Board of Directors and a Trustee of the Scholarship Fund.

During his career Frank held many outside positions. He was Executive Vice President of the Long Island Federation of Labor; Vice President of the United Food and Commercial

United Food and Commercial Workers International Union Executive

Board; Vice President of the New York City Central Labor Council; Vice President on the New York State AFL-CIO and a member of Nassau County Executive Tom Suozzi's Labor Commission. Frank was a recipient of the 2002 Ellis Island Medal of Honor Award.

Outside of bargaining, Frank put our union's focus on helping our communities. He began volunteering and working with St. Mary's Healthcare System for Children, which at the time was a small hospital of less than one hundred rooms in Bayside, Queens. With the help and our partnership, it has become New York's largest and most experienced provider of long-term care to children with medically complex conditions, and New York's City's only post-acute care facility for children.

Frank was one of the first leaders of the UFCW to initiate the UFCW's national relationship with

the Leukemia and Lymphoma Society. His vision, emotion and charisma were contagious. He helped create a national partnership that has raised nearly \$1 billion in the battle to cure blood cancers.

Frank Meehan, President of our union for over 20 years, retired on March 1, 2005. The Executive Board of Local 1500 unanimously bestowed the honor of President Emeritus to Frank at the February 2005 Executive Board Meeting.

Frank was also honored at our last Shop Stewards Seminar in October as it marked the 10th anniversary of his retirement.

I had the pleasure of knowing Frank for over fifty years. He was my friend and my mentor and I shall miss him,

as we all will miss him.



Continued on page 4

Workers District Council of New York and New Jersey; Vice President of the SUMMER BLOOD DRIVE & BBQ JULY 14TH: 2-8PM © UFCW 1500 HQ RSVP ONLINE: UFCW1500.ORG/BD15 OR CALL 5162141305 "I helped save a life today!" TO THE TOWN OF THE PROPERTY OF THE

SUMMER EVENT CALENDAR

Fri. June 5: Fundraiser @ Yankee Game **Wed. June 10:** General Membership Meeting

Sun. June 28: NYC Pride Parade

Tues. July 14: Summer Blood Drive & BBQ

Sat. July 18: Fishing Trip Fundraiser

Thurs. Aug. 27: Brooklyn Cyclones Local 1500 Night

Sat. Sept. 12: NYC Labor Day Parade

For more info on events visit, ufcw1500.org/events or email info@ufcw1500.org



JUST FOR THE RECORD

By Anthony G. Speelman, Secretary-Treasurer @Aspeel 1500



A STEP IN THE RIGHT DIRECTION

It's been a huge year for our union. Since January we have negotiated five exceptional contracts. These contracts guarantee wage increases, job security and protect over 13,000 of us, and to put it simply: they're setting standards for the retail food industry in New York.

In the Stop & Shop and King Kullen contracts, our motivated negotiating committee heard concerns from part-timers and significantly increased the number minimum hours guaranteed for more part-timers. The committee also defended our welfare and pension

plans, and I'm proud to convey to all of you that there will be no major changes in either of the plans.

In the D'Agostino contract our negotiating committee was able to secure three wage increases in one year. Our committee was also able to negotiate a guarantee of 20-hour workweeks for more part-timers.

In the Fairway contract our fierce negotiating committee fought for guaranteed hours for all workers. We simply set the tone and kept the company on its heels the entire negotiation process. Whether it was buttons, signs, or in-store actions, our Fairway brothers and sisters displayed solidarity that gave me goose bumps. Our

committee demanded a successor clause in the contract, and wouldn't back down. I was truly moved by the solidarity that Fairway members displayed during negotiations.

Each contract increased the amount of company contributions to our scholarship fund. Now we'll be able to award more scholarships to more of our members. The contracts all contain progressive language that I'm especially proud of, a no discrimination clause which protects every Local 1500 member from any discrimination because of: race, color religion, age, sex, sexual orientation, disability,

national origin, genetic information or gender identity or expression. This is a paramount victory. I am so proud of our union for putting a foot down in the face of discrimination. Men and women throughout our communities are far too often victims of discrimination. Be proud that our union now protects each of us from any discrimination on the job. This is a right we should not take for granted. Just last week I was speaking to a Whole Foods worker who was terminated for what he wore to work. A few days later I met a worker from a non-union retail chain who had her hours significantly cut because she was pregnant. Although we may not be able to view some of

these protections on paper, do not take them for granted. Our Union fights every day to protect our jobs, our rights and more importantly our respect at work. These last five contracts we negotiated increase our rights, wages and protected our benefits. Congratulations to every member, and I congratulate the Local 1500 staff along with each negotiating committee member on a job well done.

I'm proud of the direction our Union is heading, it's a direction our recently deceased former President, Frank Meehan, began taking us. Frank

was more than my boss; he was my friend and mentor. There is not one day that goes by without me thinking of him. I want to express my deepest condolences to all who had the pleasure of meeting him. He was truly one of a kind. To say he will be missed would be an understatement. Throughout the rest of the year we will be aggressively fundraising for the Leukemia-Lymphoma Society in his name. I encourage you all to participate in some of our upcoming fundraisers to battle cancer. You can find more info on pages 6 & 14. Thank you again.



UFCW LOCAL 1500 MEMBER WINS CHILD CARE GRANT



Congratulations to UFCW Local 1500 member, Daniela Spatola from Stop & Shop 581 Staten Island! She was the 2015 winner of the UFCW Women's Network Child Day Care Grant.

Each year, the UFCW Region One South Women's Network provides a number of grants to UFCW members to help them pay for child care costs.

Daniela, a member of Local 1500 for over eight years, received her grant earlier this year and said, "Thank you to the UFCW Women's Network for the Childcare Grant. It came at a time that really helped us out tremendously!"

Congratulations, Daniela!

REMEMBERING FORMER PRESIDENT FRANK MEEHAN





































In May, United Food and Commercial Workers Locals across New York traveled to Albany for our annual Lobby Day. UFCW represents 100,000 members across the state of New York.

We told our elected representatives that chances are they were helped by a UFCW member or purchase products made in one of the food processing or bottling plants where we work.

We travel to Albany frequently to lobby our elected officials, and hold them accountable to ensure they're working for us! If you'd like to join the next trip, or get involved with politics in your community, call Brendan Sexton 516-214-1362 or email info@ufcw1500.org.







HERE'S WHAT WE LOBBIED FOR:

Paid Family Leave S-3004

- People get sick. They should not be forced to risk their job and their livelihood due to something they can't control.
- Without paid leave, workers are at risk to lose their job if a child gets sick or if they fall ill themselves.
- Providing paid family leave will make every workplace in New York healthier and more productive.

New York DREAM Act S-2378 & A-2597

- Every year, 3,500 undocumented students are barred from all financial aid and are ineligible for most academic scholarships and loans.
- The New York DREAM Act would grant these students access to state financial aid.
- This bill has passed the NY State Assembly three years in a row. The time is now for New York to join California, Minnesota, Texas, and New Mexico in giving every student the opportunity to afford a quality education.

Minimum Wage Increase S-203

Increases will happen in stages for two categories, statewide and cities. Cities are defined as places with populations greater than one million and counties with populations in excess of 900,000 that fall within a "metropolitan commuter transportation district."

By 12/31/2016: By 12/31/2017: By 12/31/2018: Cities = \$12.50 Cities = \$13.75 Cities = \$15.00 Statewide = \$10.50 Statewide = \$11.55 Statewide = \$12.60

The minimum wage affects millions of working class families who are striving to earn a living. No one who works full-time should be forced to live in poverty.

WHY DID YOU GO TO LOBBY DAY?



"This was my first lobby day, so I wanted to see the process, I really want to take this union further and make a difference"

Van Dyke Jones, Pathmark



"You can't complain that your elected officials don't do enough for you if you don't tell them what you want."

John Kubinski, Mannix ShopRite



"So we can be heard, so our voices can be lifted up"

Isha Matko, Gristedes

IT PAYS TO BE UNION THIS SUMMER! **ENJOY THESE FAMILY DISCOUNT\$**

Just by being a Local 1500 member, you and your family could save hundreds of dollars this summer! For information on any of these discounts and more, visit ufcw1500.org/itpays or email info@ufcw1500.org



SIX FLAGS GREAT ADVENTURE & SAFARI, JACKSON, NJ & SIX FLAGS GREAT ESCAPE, LAKE GEORGE, NY

Amazing Discounts for all members and families @ the unionized amusement park, Six Flags Great Adventure and Safari:

ONE DAY TICKET FOR \$40.99 (Original ticket 67.99) (Through September 27, 2015, prices do not include tax)

SEASON PASS: \$69.99 (Original Price \$84.99)

HURRICANE HARBOR WALTER PARK: \$30.99 (Savings of \$12 per ticket)

To access our special tickets, please go to sixflags.com/PartnerLogin and use this login information:

Username:

LOCAL1500

Password:

SIXFLAGS1

(Password is Numeric & Case Sensitive)

MADAME TUSSAUDS TIME SQUARE

https://www.madametussauds.com/NewYork/ BuyTickets/Default.aspx

Tickets for up to 25% off regular price!



SPLISH SPLASH WATERPARK, CALVERTON, NY

DISCOUNTED TICKETS ONLINE

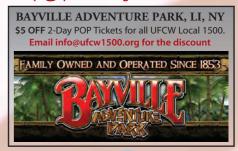
Come take the plunge with the whole family! Splish Splash is the best way for everybody to beat the heat in style. Super-fast slides to excite any thrill seeker or just take it easy and float as a family down the Lazy River. No matter the age we've got something for every member of the family for the Best Summer Ever!

GREAT MEMBER DISCOUNT!

Enjoy the fun of saving when you pay only *\$35.00 for Adult general admission tickets, \$28 for junior tickets (under 48" tall) and \$28 for Seniors (over 60 yrs. old) with your UFCW Local 1500 Members discount.

BUY TICKETS NOW!

at www.splishsplash.com/1500 *Plus additional \$1.25 online ticketing fee.



\$5 OFF



Quassy Amusement & Water Park, Middlebury, CT



NYC BIG BUS TOURS 15% off

all New York Bus Tours when purchasing online at

bigbustours.com/newyork Use promo code UFCW15 for your Union Discount!





DUTCHESS COUNTY FAIR AUGUST 25-30TH

Up to 50% Savings **General Admission & Ride Tickets** No waiting in ticket lines

General Admission

- · Advanced Discount price \$12.00 (Compare with \$15.00 at the gate - Children under 12 FREE at all
- · Parking is FREE.

Carnival Rides

• 10 Rides for \$20.00

Contact Your Union Rep. Or fill out form online for tickets: ufcw1500.org/dutchfair





Available at all 4 of our properties on our Deluxe Rooms – Great Cedar Hotel, Grand Pequot Tower, The Fox Tower, and The Two Trees Inn

Discount code of NYGROC can be booked via our website,

WWW.FOXWOODS.COM

Subject to availability

Valid Dates 5/31/2015 to 12/26/2015

Discounts are only available to UFCW Local 1500 members and families. Tickets may not be advertised for sale to the general public via newspaper, radio, television, internet or any other means, including Ebay and all other online market ng tools without prior approval of UFCW Local 1500. The re-sale of all tickets are strictly prohibited.

FAIRWAY MARKET WORKERS RATIFY NEW 3-YEAR CONTRACT

On the day of the vote, the message and tone was clear, "No matter the position, no matter the language, your vote matters. We're united,"

FAIRWAY

said Iris Bien-Aime who gathered and spoke to her coworkers about voting at Fairway in Red Hook, Brooklyn.

Fairway Market is truly like no other market, the staff is like an extended family. At the vote in Red Hook, workers who were not on schedule to work came to vote with their children and family. The mood and feel at any Fairway screams solidarity, which was crucial during the last four months. This was the first contract negotiation with Fairway's new CEO, who took office in September of 2014.

"Our team was dedicated from the start to not only protect our contract, but to set a tone for future negotiations," said UFCW Local 1500 President, Bruce Both, "We accomplished that, and more." Lead union negotiator, Rob Newell, expressed his admiration for the Fairway negotiating committee, "Because of their solidarity and passion, many positive changes were made in the contract. It was a real honor and privilege to work alongside them [the committee], their drive and emotion earned all Fairway workers an excellent contract."



The Fairway negotiating committee

Throughout the four months of negotiations, Fairway members wore solidarity buttons while at work demanding the company negotiate the "Fair Way." The buttons truly made an impact and helped show support to the battling negotiating committee.

Fairway workers will earn six raises throughout the contract, including a retroactive wage increase from March 30th 2015. To John Graham, a union



negotiating committee member who works at Fairway in Paramus, stability and health and welfare benefits were particularly important, "A majority of us have been with Fairway for at least 10-years, it's a family here." Graham explained, "The deal gives stability to all of our families...especially the medical, pension and legal service benefits,

which were all unchanged,"

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The contract also includes a number of quality of life issues such as increasing the number of minimum workweek hours for everyone. All Part-Timers, regardless of class or tenure, are guaranteed to be scheduled a minimum 21-hour workweek.

The term of the Agreement is March 30, 2015 through April 1, 2018. A minor, but very popular change was switching when vacation time was paid. Vacations are now paid prior to taking vacation, as opposed to receiving the pay the week of vacation. The agreement also includes a successors clause and secures contributions to the Union scholarship fund. Additionally it protects all members of UFCW Local 1500 from any discrimination.

As the vote was closing Jeannette Taylor, who has worked at Fairway for over five years, walked up to the poll, placed her ballot in the box, and proudly bragged, "I've got my union button...I don't leave home without it."

D'AGOSTINO MEMBERS UNANIMOUSLY RATIFY NEW 3 YEAR CONTRACT

Nearly 1,000 Grocery Workers Earn Wage Increases, Protection Against LGBT Discrimination & Increased Guaranteed Hours for More Part Time Workers

In April, UFCW Local 1500 members working at D'Agostino Supermarket unanimously ratified a new three-year contract. The contract provides five raises over the next three years to nearly 1,000 men and women working at D'Agostino's 13 stores. "I'm very proud of this new contract," said negotiating committee member Jasmine Dalton, "We got the raises that we deserve, maintained our benefits and increased the guaranteed

hours for more part-time workers. It's a win," Dalton concluded.

The agreement significantly expanded the amount of part-time workers who receive a guaranteed minimum 20-hour work week, a key benefit for retail jobs. "This is huge for us," said Terry Quiñones, lead union negotiator, "Retail scheduling is usually sporadic, making it difficult to



balance a personal life and schedule. Now, even more part-timers can have an ease of mind knowing they have a minimum set number of hours each week. This is going to help hundreds of our families," Quiñones said.

The new contract maintains all health and welfare benefits, and protects all members of UFCW Local 1500 from any discrimination because of: race, color religion, age, sex, sexual orientation, disability, national origin, genetic information or gender identity or expression.



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STOP & SHOP, KING KULLEN AND KING KULLEN

Over 8,500 UFCW Local 1500 Members Secure a New 37 Month Pact, Increasing Wages While Maintaining All Pension and Health Benefits



In April, members working at Stop & Shop, King Kullen and King Kullen Pharmacy (RX), ratified new 37-month contracts. The contracts cover over 9,000 workers across New York.

"The negotiating committees did an excellent job. The agreements provide wage increases for all our members, full-time and part-time," said union President, Bruce Both.

The previous contracts expired on December 6, 2014. Since then each company has been on monthly renewing extensions with our union. "We battled for months to secure benefits for all members, full and part-time," said negotiating committee member Paul Waldron, who works at King Kullen in Shirley, "We wouldn't cave and we brought back an agreement that our coworkers were happy with," Waldron said.

Like the ShopRite contracts that our Union negotiated last year, we were able to negotiate a no discrimination clause for the Stop and Shop, King Kullen and King Kullen RX contracts. "We're looking out for all of our members and we continue to look for progressive clauses like these that will protect our members from predatory managers and companies that discriminate," Tony Speelman, Secretary-Treasurer explained. The progressive clause protects all UFCW Local 1500 members from any discriminatory acts because of race, color, religion, age, sex, sexual orientation, disability, national origin, genetic information or gender identity or expression. "This

is a protection thousands of New Yorkers wish they had at their jobs, protection against any discrimination. Do not take this for granted, if you feel that you're being discriminated against, speak to your Shop Steward or Union Rep immediately," Speelman said.

The contracts also increased the number of hours guaranteed a week for most part-time workers and add new premiums for certain union members. "We have focused on adding more protections and benefits for part-time workers," Speelman explained. "Our union must do and will do even more in the future for part-time workers, it's a high priority for us. Now even more part-time workers are guaranteed over 20 weekly hours and Sundays, something very rare to have this in today's high turnover and over-staffed retail world," Speelman concluded.

"I'm proud of our negotiating committee, it's our best agreement in years," said Andre Phillips, a Shop Steward at Stop & Shop in Brooklyn, "We were able to maintain our current pension and medical benefits, something the company fought hard throughout negotiations to take away from us. That's an important benefit to me, it lets me plan for my future."

One other negotiating victory was securing the contributions by King Kullen, Stop & Shop & King Kullen RX to our union's scholarship fund. Our union annually awards over \$25,000 of scholarships to our members and their dependents (check out page). "With the new agreement we'll be able to increase the amount of scholarships we award to students. That's a benefit we're very proud to provide to our members," said President Both. Each contract is effective December 7, 2014 through December 30, 2017.

CONTRACTS INCLUDE:



No Medical Plan Changes

Secures Pension

Protects all Members from any Discrimination

Increase in Weekly & Sunday Hours for More Part-Time Workers



RX OVERWHELMINGLY RATIFY NEW CONTRACTS





Regional Director's column By Tom Clarke

TRANS-PACIFIC PARTNERSHIP IS BAD FOR **AMERICA'S WORKERS**

At Local 1500, we've witnessed how unfair trade deals have hurt American workers and their families and led to job loss-

es, stagnant wages, and skyrocketing levels of income inequality.

That's why it's inexplicable that any politician could support the Trans-Pacific Partnership (TPP). This trade deal will leave consumers with less to spend, eliminate more American jobs, and increase the gap between the rich and poor. According to a recent article in The New York Times, the TPP will also provide a wide opening for foreign corporations to sue the U.S. government.

If passed, the TPP will be one of the largest trade deals the world has ever known. It includes 12 countries along the Pacific Rim and would impact 792 million people. Altogether, this massive trade agreement would govern 40 percent of the world's economic output. The TPP would effectively roll back any regulation that could be construed as a "barrier to trade," including environmental, consumer, and labor protections.

Supporters of the TPP are push-

ing to give President Obama fast track authority, a wholly undemocratic process that would prevent Congress from considering any pro-worker amendments to the pending

trade agreement. While hundreds of corporate lawyers have had access to the U.S. Trade Representative during the nego-

> tiation process, the entire progressive community, including the UFCW, along with environmental, civil rights and consumer organizations, has been shut out of the talks. No one can reasonably expect a fair trade agreement to emerge from this process.

> Given the current struggles of working families, members of Congress should not be pursuing a fast track trade deal that widens the gap between the rich and the poor and gives working families even less of a chance to find personal and professional success. Local 1500 is urging every member Congress to oppose the TPP and fast track legislation on behalf of American workers everywhere, whether they are part of our union family or not. If our elected leaders are serious about strengthen-

ing the middle class and addressing income inequality, they will reject fast tracking an anti-worker trade agreement that has been negotiated in secret.



The Trans-Pacific Partnership (TPP) is a terrible deal for workers

TPP is Being Negotiated in Secret. The voices of regular Americans – from labor unions to environments to civil rights organizations to consumer advocates – have been shut out of TPP negotiation.

Lost Jobs and Wages. Corporations are pushing to pass the TPP so that they can send jobs to places like Vietnam where the average hourly wage is less than \$1, and there are no workers' rights or environmental standards. For American workers, this cheap foreign competition will lead to lower wages and lost jobs.

Gives Foreign Corporations Too Much Power. TPP will protect and guarantee profits for multinational corporations, at our expense. For example, if a country raises its minimum wage or adopts higher safety standards, corporations will be able to sue for lost profits.

No More Buy American Laws. TPP would make Buy American laws illegal. Right now, the federal government gives preferential treatment to U.S. businesses when it's buying goods and services. TPP would make that practice illegal.

No Democratic Process. Worst of all, Congress is attempting to use a legislative gimmick called "Fast Track" to ram it through. "Fast Track" is an undemocratic process that prevents Congress from considering any pro-worker amendments to the TPP. This "take it or leave it" approach all but guarantees working families will pay a steep price if the TPP passes

"Fast Tracking" the TPP rushes us into the same old type of trade agreement that hurts American jobs and wages. We need something new and better when it comes to trade.

Contact your Members of Congress at http://bit.ly/badtra TELL THEM TO OPPOSE FAST TRACK TRADE LEGISLATION.



The following letter by Secretary-Treasurer, Tony Speelman appeared in the NY Daily News on Friday, April 17, 2015:

The fact that the Trans-Pacific Partnership (TPP) is being negotiated in secret should concern every American worker.

The entire progressive community, including UFCW Local 1500, environmental groups, civil rights organizations and consumer advocates, has been shut out of TPP negotiations. Meanwhile, 600 corporate lawyers are advising the U.S. Trade Representative. No one can reasonably expect a fair trade agreement to emerge from this undemocratic process.

Given the current struggles of working families in New York, members of Congress should not be pursuing a fast track trade deal that widens the gap between the rich and the poor, threatens food safety, and gives working class families even less of a chance to find personal and professional success.



If members of Congress truly care about America's working and middle classes, they will oppose fast tracking this terrible trade agreement.

Tony Speelman is the Secretary-Treasurer of New York's largest grocery workers union, UFCW Local 1500 in Westbury, NY.

UFCW LOCAL 1500 SCHOLARSHIP WINNERS

Each year hundreds of UFCW Local 1500 members and their dependents apply for our annual scholarship. Our Union proudly raises funds to help our members advance their lives through higher education. Congratulations to this year's winners. Interested in applying for next year? Be sure to check ufcw1500.org/scholarships for updates on the 2016 scholarship program.

EUGENE KENNEDY MEMORIAL \$4,000 SCHOLARSHIP **ROCCO CORBISIERO** Dep. of Carol Corbisiero of Wild By Nature 202



PATRICK GLEESON MEMORIAL \$4,000 SCHOLARSHIP MICHAEL A. D'ADAMO Dep. of Valerie D'Adamo of Stop & Shop 598



"Our Union has helped us so much. I have been at Stop & Shop for over 14 years now, and it's great to know the union has our back. We're so happy and I'm so proud of my son!"

HIGH SCHOOL GRADUATE \$2000 SCHOLARSHIP Dep. of Audrey Grogan of



JOSEPH GROGAN

"My mother has been a Local 1500 member for 24 years and it has provided my family with a stable income and benefits throughout my childhood."

\$1,000 COLLEGE

SCHOLARSHIP

MELISSA BURMESTER

Stop & Shop 590

HIGH SCHOOL GRADUATE \$2,000 SCHOLARSHIP

BRENDAN GALEANO Dep. of Maureen Galeano of Pathmark 297



SCHOLARSHIP EVELYN KONE



"The union gives me job security and a feeling of unity. It is good to know that the union will stand behind me and my family."

\$1,000 COLLEGE Fairway 16



"With the union I'm secure in my job. That benefit is unmatchable."

ARTHUR WOLFSON MEMORIAL \$4,000 SCHOLARSHIP

GAVIN DAVIS Dep. of Terrence Davis of King Kullen 42



HIGH SCHOOL GRADUATE \$2,000 SCHOLARSHIP **SHAMMA ALI** Dep. of Mohammed Ali of Dan's 8



\$1,000 COLLEGE **SCHOLARSHIP PHILLIP DEBOARD** King Kullen 47



"My union has played a big role in my life by providing me a nice solid job, allowing me to earn money and improve my life as I go through college. Without this union myself and my family's lives wouldn't be the same.'

PATRICK O'FLAHERTY MEMORIAL \$2,000 SCHOLARSHIP **AIDEN WAGNER** King Kullen 50



" I felt that the union was there for me and would always have my back."

\$1,000 COLLEGE **SCHOLARSHIP STEVEN LOWE Charles Scaturro & Sons 8**



"My union is important to me because it provides me with job security, which is one of the most important things in today's world."

> \$1,000 COLLEGE **SCHOLARSHIP DANA WATROUS** King Kullen 7





HEALTHCARE CORNER



UTILIZING YOUR HEALTH PLAN WISELY



As always, the cost of healthcare continues to rise as new procedures and medications are developed and the government puts increasing demands on plans themselves. If that wasn't enough, The Affordable Care Act (ACA) is said to be the biggest overhaul of the healthcare system since Medicare about 50 years ago. As a result, you might have experienced more out-of-pocket expenses for your healthcare. And just as you have experi-

enced this increase, so has the Plan. Therefore, it is in your best interest to utilize the plan wisely. In that way, your out-of-pocket expenses will be lower and the cost to the Fund will be lower. Even more important than cost however, is that fact that if you take care of yourself and lead a healthy lifestyle, you will benefit through a more enjoyable and longer life. And, the less you spend on healthcare costs, the more you'll have to enjoy yourself.

There are several things you can do to help keep your costs and the cost to the Fund down. Here are just a few examples of how you can do so:

- Review your Plan and understand how it works. As they say, knowledge is power.....the more you know, the better decisions you can make and the more power and control you have over your care and expenses. You should know what is covered and what the limitations and exclusions of the Plan are. If you are unsure about a specific treatment plan, call Associated Administrators, LLC and ask. They are here to assist you and your family with the Plan. An unknown or unexpected healthcare cost is a surprise no one likes.
- Stay In-Network. The Fund provides you with a network of providers that agree to accept a set fee. The Anthem network is large, which means you have a choice of providers from which to select from. The network providers have expertise in a variety of services and specialties and are located where you live. If you stay in the network, your out-of-pocket expenses will be less and the cost to the Fund will be less as well. Don't be afraid to ask a provider if he/she participates in you Anthem network when you make your appointment.
- If you are planning an elective procedure or if you are being referred to another physician or provider (for example, you need physical therapy [PT] and your orthopedist is referring you to a PT office or you need an x-ray and are being referred to a radiologist), don't be afraid to inform the referring provider that you need a referral to an Anthem participating provider. In that way, your out-of-pocket expenses will be lower and the Fund's cost will be lower.
- Also when making your appointment, tell the office that you need to have all providers treating you to be participating with Anthem. Many times, you go to an office and one doctor does not participate but others do or you are to be treated by more than one provider and one of the treating providers does not participate. In those situations, you might be surprised when the claim is processed and that's when you find out that you have a balance due for out-of-network services for one of the providers.
- If you have a doctor that you have been seeing that does not participant in your Anthem network, ask him/her to contact Anthem to sign up.
- And don't forget, staying in network applies to dental, optical and prescription drug treatments/services as well. The Fund provides you networks for these services as well. Using a participating provider for dental, optical and prescription drug benefit will again lower your out-of-pocket expenses, as well as, reduce Fund costs.
- Choose generic drugs & use the Express Scripts mail order. Every year, more and more medications are "going generic". That means the time frame for which a pharmaceutical company that developed a medication and has an exclusive right to manufacture the "brand name" drug has expired or is close to expiring. Once this occurs, other pharmaceutical companies are allowed to manufacture the medication. Generic drugs provide the same therapeutic effect as its brand name equivalent, just at a lower cost.
- Additionally, if you have a chronic condition that requires taking the same medication for an extended period of time, use the Express Scripts mail order. Your out-of-pocket expenses will be reduced, as the Fund offers a lower co-pay-

ment for the same amount of medication if filled through the mail order. If you have your prescription filled at a neighborhood pharmacy for a chronic condition, you may end up paying upwards of 33% more for the same medication than you would if you filled your prescription through the Express Scripts mail order.

- Live a healthy lifestyle. The amount of increased health care claims due to unhealthy living and preventative behavior is well documented. Lifestyle changes, no matter how small, can help you feel better, live longer, save you money on health care costs and can also save your Fund money. Although very few people can claim to live the most healthful life, you can change you habits in small ways. Each small step is a step closer to improving your health and life and will assist the Fund in being able to provide more benefits to you and your families. Here are a few steps you can take to begin your journey:
- **Stop Smoking** smokers have much higher annual medical care costs than non-smokers.
- Eat right Nutrition is a big factor in many ailments that increase your medical costs and could potentially shorten your life. For example, eating a low salt, low fat, high fiber diet is known to help you with your weight, blood pressure, blood sugar levels and cholesterol levels. No one expects you to deprive yourself of all foods high in fat and/or salt. Who can't resist dessert or a french fry every now and then? But, unhealthy foods and snacks should not be the norm but rather on occasion. And, then there is the issue of portion control. Remember, all things in moderation. If you enjoy a snack, make it an occasional snack. A diet with many fruits and vegetables and low in saturated fats can only help your health.
- Be active Exercise is very important. There is nothing healthy about being a chronic couch potato. Any exercise is good, even if done in small doses. Again, here you can take small steps to get you moving. If you are physically able to do so, take the stairs and not an elevator whenever possible. If you live by a store, don't drive on a nice day. Walk there or better yet, if you have a bicycle, ride there. If you must drive, don't park at the nearest spot next to the door....park away from the door and walk. Take a bike ride on a nice day. These small changes might seem like there are no benefits. That is the farthest thing from the truth. Climbing even the smallest number of stairs works your leg and heart muscles. Walking is probably one of the best low impact exercises there is. A nice walk around a park can clear your mind and relax you. Lower your stress and you might be lowering your blood pressure and improve your cardiovascular wellness.
- Get a check-up The Fund provides preventive care services to covered indi-

viduals. You and your families should take advantage of these benefits. It is always good to know if you are healthy or if you have a condition or have to monitor a potential problem. More importantly, as we hear day in and day out, early prevention is the way to a cure or the way to prevent a major incident from occurring. If you don't go for a check-up, you might find out too late. If you don't know what's covered for your specific gender and age, contact Associated Administrators, LLC.



• Use Urgent Care Centers instead of an Emergency Room when appropriate – Recently, there has been a drastic increase in the proliferation of Urgent Care facilities. This is because these facilities provide care for non-urgent medical conditions in lieu of visiting an emergency room (ER). Urgent Care Centers provide services much cheaper than the ER and generally do so quicker than if you went to an ER. Go to an ER for a non-urgent matter and you could end up sitting there for hours while a real emergency is tended to. And, your co-payment is lower for an Urgent Care Center than an ER. Of course, in an urgent situation, the ER is where you should go but for the non-urgent matters, consider use of an Urgent Care Center.

Your Union officers take great pride in being able to provide you and your family with health benefits. Helping reduce the ever increasing trend of healthcare can only help your pocketbook and the Fund's ability to provide even more benefits to our Union brothers and sisters.

HEALTH CARE NEWS

Special Part-Time Network Change July 1, 2015

Special Part-Time members will be transitioning from the MagnaCare network to Anthem BlueCross/BlueShield effective July 1, 2015. What does this mean? Associated Administrators, LLC will continue to process in and out-of-network claims, but networks and claims discounting will be provided by Anthem BlueCross/BlueShield. Special Part-Time members will be receiving new medical ID cards in June that they should present to all medical providers as of July 1, 2015.

Anthem BlueCross/BlueShield is a large network with many options for members. The networks provide access to a wide choice of top-quality physicians and hospitals in the New York area, while also providing one of the largest networks in the country through the BlueCard PPO provider network.

Members may find that providers who did not participate in the MagnaCare network, do participate in the Anthem BlueCross/BlueShield network. As always, it is very important to verify that the doctor or facility participates in the proper network before scheduling an appointment, or receiving services. Your new card will have either "LWL" or "LCL" as the prefix to your ID number. These prefixes are assigned according to your zip code. The prefix determines your network.

Also effective July 1, 2015, precertification processes will be handled by HealthLink, a BlueCross/BlueShield subsidiary. You or your provider can contact HealthLink at 1-877-284-0102 to verify if an item or service requires precertification. Services that require precertification include: inpatient services, ambulatory surgical procedures, hourable medical equipment, certain diagnostic imaging, specialty infusion drugs, home health and/or infusion services, and therapies (occupational, speech, and physical).

If you have any questions about this change, please contact Associated Administrators, LLC at 855-266-1500.

How to Use Anthem's Website to Locate a Provider

Anthem BlueCross/BlueShield provides an easy-to-use provider locator on their website, www.anthem.com. Members have the option to set-up an account with a username and password which is located in the upper right corner of the website. By registering, members are able to access their plan and benefit information, check the status of a claim, find a doctor or hospital, and more.

Members can also search for a doctor, hospital, laboratory, etc. without registering on the website. On the right side of the page under Useful Tools, select Find A Doctor.

You will again have the option to register on the site. Beneath the username information on the right side of the screen, there is a link – Use your identification number or alpha prefix (first three letters) to search without logging in.

Select the link and type in your prefix as listed on your card (either LWL or LCL). This is important as the in-network providers will vary depending on the prefix. Once you specify your prefix, you can narrow your search criteria and ensure that you are locating a provider in YOUR network. You can search by location, specialty, or name.

If you prefer to locate a provider by telephone, please contact the Provider Locator at 1-800-810-BLUE.

Health Insurance Portability & Accountability Act of 1996 Privacy Notice Reminder

As you are aware, the Federal government enacted the Health Insurance Portability and Accountability Act of 1996 to ensure, among other things, that your medical information (referred to in the legislation as "Protected Health Information") is secure and kept private. The "Privacy Rule", as it is commonly referred to, requires the Local 1500 Welfare Fund to comply with the regulations, one of which is to notify all individuals of the Fund's privacy policies and procedures.

You have previously received the Fund's privacy policies and procedures. However, this will serve as a reminder that you have the right to receive a copy of the Fund's privacy policies and procedures by requesting one, in writing, and sending your request to Local 1500 Welfare Fund; 425 Merrick Avenue; Westbury, NY 11590. You may also contact the Fund Office at (516) 214-1300 to request these documents.

Should you have any questions about this notice or the Fund's procedures, please contact the Fund Office. The personnel there will be more than happy to assist you.

Newborns' & Mothers' Health Protection Act of 1996

This will serve as a reminder that, pursuant to the Newborns' & Mothers' Health Protection Act of 1996, the Fund may not generally restrict benefits for any hospital length of stay, in connection with child-birth, for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, the law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours or 96 hours, as applicable.





Local 1500



In Memoriam

Local 1500 mourns the passing of the following members. To their families and friends, we extend our deepest sympathy. May they rest in peace.

Ahmad, Aleem Aloisio, Eleana Benoit, Carlos Jr. Blanchard, Wallace Bogin, Robin K. Bolden, Eileen Brodarick, Marian Buckley, John J. Burke, Donald Capriccioso, Rose Caputo, Nancy Cortese, Luigi Costello, Mary Daume, John P. Day, Barbara DeFranco, Rae Dethlefsen, Albert DiMartino, Francis Dunn, Richard Falautico, Theresa Fleckstein, Carl Fleming, Ronald S Fuoco, Alexander Galante, Peter Gallagher, Christine Geraghty, Margaret Hebel, Loretta M. Indelicato, Frank Jackson, Barbara Janotti, Laura Jenkins, Anthony Kennedy, James Koderisch, Eric Kohn, Henry Kuil, Henry Lagala, Jack F. Lanese, Margaret Lau, Arthur B.

Mandola, James Manzullo, Rosanna Matejovic, Harold McMillan, Alphonso Meehan, Frank Mohr, Edward R. Murphy, William Nelson, Frank T. Orandello, Sandra Osetkowski, Denise Parma, Erik Piacente, Marcia Planding, Lorraine J. Pugh, Bernard Robinson, James T. Rossi, Michael Rutigliano, Frank Schoenig, William Selinger, Sonia Shapiro, Miriam Siano, Ann Siliverdes, Demetrio Slawski, Barbara Small, Edward L. Staib, Nancy A. Steinberg, Sam Stephan, George R. Stephens, Walter Turner, Joan Vasconez, Kenneth Velez, Isabel Viscusi, Ronald Walker, Franklin Walsh, Elaine Wehnert, Henry Whelan, Alfred Zimmerman, James Zweck, Marion



We advise all members that the Trustees have specifically indicated that any drugs purchased in the following stores will NOT be reimbursed under the Local 1500 Welfare Fund Prescription Plan under any conditions:



K-MART, C.V.S., WALMART, SAM'S, PRICE CHOPPER, COSTCO, BJ'S, (SAVON DRUGS, SUPER X & BROOKS DRUGS), WALGREENS, TARGET & HANNAFORD.





NEED A WITHDRAWAL CARD?

Send an email to wcards@ufcw1500.org with the following content in the email:

• Name

Maher, Michael T.

- Store Number
- Company
- · Last Day Worked

For further questions on withdrawal cards, please contact your union representative. You can also send a letter requesting a withdrawal card to:

UFCW Local 1500 Attn: Rosanne Wynne-Torres 425 Merrick Avenue, Westbury, NY, 11590







Long Island Council on Alcohol and Drug Dependency

Counseling for Local 1500 Members on all substance abuse, gambling and other personal problems:

Nassau Office

114 Old Country Rd, Ste. 114 Mineola, NY 11501 516-747-2606

> www.licadd.org recover@licadd.org

Suffolk Offices

2805 Veterans Hwy, Ste. 26 Ronkonkoma, NY 11779 631-979-1700

877 East Main Street, Ste 107 Riverhead, NY 11901 631-979-1700

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Bulletin Board



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- Worldwide ATMs

Call 631-698-7000, ext. 6780 or visit www.TeachersFCU.org

*Subject to membership eligibility.

MOVING? KEEP THE FUND OFFICE INFORMED OF YOUR NEW ADDRESS

It is very important that you tell the Fund Office when your address and/or telephone information changes. Often, the Fund Office sends out important information about your benefits, coverage change notices, Plan booklets, and even the Register. If we don't have the correct information, we may not reach you and that may affect your benefits.

If you are planning to move (even temporarily), or have recently moved, let the Fund Office know your new address and telephone number by calling (800) 522-0456. Remember, telling the Union or your employer is not the same as telling the Fund Office. Tell us where you live so we can send you important information regarding your benefits, claims, changes, etc.



Don't Suspend Yourself!

Under provisions of the UFCW International Constitution, "Any member two calendar months in arrears for dues or other financial obligations to the Local Union shall stand suspended if same are not paid on or before the first day of the third month.

The responsibility for maintaining membership in good standing rests with the member suspension, therefore, when it occurs, is the voluntary act of the member involved."

THANK YOU FOR SHOPPING UNION STORES

- You help preserve your jobs when you shop union
- Union jobs contribute to the communities tax base

CONTINUE TO SHOP UNION STORES IN YOUR
COMMUNITY WHERE UNION WORKERS HAVE DECENT WAGES,
BENEFITS AND WORKING CONDITIONS

SHOP THESE UNION STORES

PATHMARK STORES • KING KULLEN GROCERY COMPANY, INC
KING'S SUPERMARKET • SHOP-RITE • STOP & SHOP SUPERMARKETS
KEY FOOD: MAN-DELL FOOD STORES • PICK QUICK FOODS • GEMSTONE
DAN'S SUPREME • SCATURRO SUPERMARKETS • GRISTEDES
FAIRWAY MARKETS • D'AGOSTINO SUPERMARKETS
WILD BY NATURE HEALTH FOODS SUPERMARKET

SHOP UNION - SAVE JOBS

LOCAL 1500 RETIREES

The officers of UFCW Local 1500 extend their warmest congratulations to these new Retirees and urge them to join the Union's Retiree Club. Contact the Club through the Union office. Call 516-214-1300 or 1-800-522-0456, and ask for Leonora Cioffalo, Ext. 1330 or Ronnie Survilla, ext. 1333.

Agugliaro, Michael Ankrah, Isaac A. Astrup, Paul Bacarella, Salvatore Basciano, Richard J. Battista, Clare Bianca, James J. Bonfante, Jacinta Botsakos, George M. Brooke, Harry C. Brooks, Susan L. Butler, Edward L. Cerulli, Nicholas D. Cheltenham, Joseph A. Coscia, Marguerite Cruz, Marangeli Dalessio. Teodorico Deblasi, Nicholas Delladonna, Margaret F. Deruvo, Pasquale Dillard, Ronald W. Farrell, Thomas Ferguson, Marie Garelli, Teresa Giammateo, Robert Girolamo, William Grome, Robert M. Groshans, Ronald P. Hill, Robert Hillen, Arita Hoffman, Theresa Holz, Charles Hubert, Edward Imperial, George Izzo, Gloria L. Jackson, Laurel Janulewicz, Christine G. Jones, Leo Jr. Joyner, Cathleen Kaplan, Rayna Knoll, Steven A. Leahy, Susan C.

Lista, Paul Lopipero, Inge Loukas, Georgia Mayweathers, Cheryl A. Mead, Marvin D. Mendez, Luis A. Milin, Angelko Milin, Marina Myers, Frederick A. Nurse, Winfield A. Nwagbara, Rosemary Oliva, Denise L. Olshan, Philip M. Ortiz, Emilia Palmer, Regina F. Parente, Carlo Paulette, Miguel A. Pederson, Patricia A. Pinnaro, Pamela A. Politis, Peter Posner, Albert Raymond, Joseph H. Reynolds, Elizabeth A. Rivera, Hiram Roth, Harold Sachs, Dorothy Savio, Guy T. Scafidi-Woods, Lucille Sellner, Janice Seybert, Jennifer B. Smith, Scott T. Stauffer, William S. Sten, Michael O. Syed, Ahmad M. Valentin, Fred Velez, Gregory Voutsinas, Julie Warner, Celeste Wienecke, Jean Williams, James Winters, John J. Zeda, Catherine

DON'T

SHOP THESE NON-UNION STORES

COMPARE FOODS • BJ'S WHOLESALE CLUB

WALMART STORES • SAM'S WAREHOUSE CLUB • K-MART • TARGET
GARDEN OF EDEN • PRICE CHOPPER • WHOLE FOODS
C.V.S. DRUG STORES • STEW LEONARD'S • TRADER JOES

WALGREEN'S • COSTCO WHOLESALE CLUB • HANNAFORD BROTHERS
BEST MARKET • BROOKS • ALDI • MRS. GREEN'S NATURAL MARKET

AMISH MARKET • THE FRESH MARKET • SAVERS

SHOP UNION - SAVE JOBS

GENERAL MEMBERSHIP MEETINGS



Wednesday, June 10, 2015 Wednesday, September 9, 2015 Wednesday, December 9, 2015

ALL MEETINGS START AT 7:00 P.M.

UFCW LOCAL 1500 UNION HALL 425 MERRICK AVENUE, WESTBURY, NY 11590

Prizes Will Be Awarded!



SUMMER EVENT CALENDAR

Wed. June 10: General Membership Meeting

Sun. June 28: NYC Pride Parade

Tues. July 14: Summer Blood Drive & BBQ
Sat. July 18: Fishing Trip Fundraiser

Thurs. Aug. 27: Brooklyn Cyclones Local 1500 Night

Sat. Sept. 12: NYC Labor Day Parade

For more info on events visit, ufcw1500.org/events or email info@ufcw1500.org



Anthony G. Speelman said it:



Brooklyn deserves an employer with a proven track record of providing our neighborhoods with sustainable jobs, that's not Wegmans #BrooklynNavyYard



Follow your Secretary-Treasurer on Twitter @Aspeel 1500

It's simple: Stop Fast Tracking TPP
http://bit.ly/1Ra6UfJ #STOPTPP #StopFastTrack
#Tpp #SecretDealsAreBad. #1u

Follow your Union on Twitter @UFCW1500



You can also find us on Facebook.com/ufcw1500





Any suggestions or comments for the Register?

Send us your feedback to

jfedele@ufcw1500.org



OFFICE HOURS & PHONES

516-214-1300 • 800-522-0456

General Office Hours, Pension & Welfare & Legal Services Monday thru Friday 8:30 a.m. - 4:30 p.m.

WHOM TO CALL:

Do you have a question about Blue Cross?
Or a problem with Group Life?

Or about any other benefit or membership service?

For a quick and accurate answer, phone the Union – 516-214-1300 or the toll-free number, 800-522-0456 – and ask for the office staff member listed next to the subject of your inquiry. They will be glad to help you.

Local 1500 has voice mail to better serve the membership. Members can call Local 1500 regarding any matter 24 hours a day.

To access the voice mail, a member can call Local 1500 at 516-214-1300 or 800-522-0456, then press 1, followed by the four digit extension number of the person with whom you wish to leave a message. Voice mail can only be accessed from a touch tone phone. You may also email the union at info@ufcw1500.org for any questions or concerns you may have.

DUES REFUND

Ejay Martin, Ext. 1328

WITHDRAWAL CARDS

Rosanne Wynne-Torres, Ext. 1332

PENSION

Leonora Cioffalo, Ext 1330 Ronnie Survilla, Ext. 1333

MEDICAL-DISABILITY-VISION

Sheila Hobson-Jones, Ext. 1335 Zaida Rodriguez, Ext. 1336 Michelle Sefcik, Ext. 1337

MEMBERSHIP APPLICATION

Linda Campisi, Ext. 1325

SCHOLARSHIP

Gloria Benton-Williams, Ext. 1306 Ejay Martin, Ext. 1328

WELFARE FUND BENEFITS

Associated Administrators, LLC 855-266-1500

HEALTH & WELFARE MEDICAL FORMS

516-214-1300 or 800-522-0456 Exts. 1334, 1335, 1336 & 1337

LEGAL SERVICES

Direct Line: 516-214-1310 or 800-522-0456 Ext. 1310 for Norberta Volmar

You cannot leave a message for a Union Representative by dialing the direct number for Medical or Legal Services.

www.UFCW1500.org

INFO@UFCW1500.ORG

- EXECUTIVES

1303 Nelson, Rhonda - Recorder

1304 Newell, Robert - Assistant to the President/VP

1318 Quiñones, Theresa - Vice President/Field Director

1322 Aly Waddy - Director of Organizing

- UNION REPRESENTATIVES

1311 Aponte, Teresa 1362 Sexton, Brendan*

1360 Castelli, Joe 1339 Shiels, Lynn

1353 Ecker, Robert 1371 Solivan, Vilmarie

1343 Mausser, Jeff 1317 Vargas, Anselmo

1356 Pasquale, Greg 1349 Waddy, Joe

1369 Santarpia, Paul 1357 Woods, John

1340 Scorzelli, Jay *Political Coordinator

ORGANIZING -

1361 Hernandez, Rafael 1345 Organizing Hotline

1355 Political Hotline

SPURS —

1374 Allen, Nicholas 1

1358 Mauleon, Rafael

1350 Gonzalez, Natalie

NEW MEDIA & RESEARCH _

1354 Fedele, Joe - Director